

2026 King's Cup Schedule (sailing on Saturday.)

| Date | Time | Activity | Location |
|---------------------|----------------|---|-----------------------------------|
| Sat 6 th | 9.00- 9.45 am. | Registration. | Regatta Office. NW of compound |
| | 9.45 am. | Coaches Briefing to Sailors. | Sturrock's Shed. |
| | 10.00 am | On water Coaching sessions. | On water. |
| | 3:00 pm. | Derig and change. | |
| | 3.30 pm. | Coach Debriefings. | Sturrock Shed |
| | 3.45 PM . | Pizza. | Clubhouse upstairs |
| | 4:00 PM. | Film "True Spirit" introduced by Jessica Watson with Q&A. 5.30pm finish. | Clubhouse upstairs |
| Sun 7 th | 10.00 am. | Race officer Competitor Briefing. | Sturrock Shed. |
| | 11.00 am. | First warning signal for racing | On Water. |
| | 3.00 pm. | Last warning signal. | On Water. |
| | 4.15- 5 pm. | Sausage Sizzle. Debrief with John Bertrand; questions re racing. | In front of Sturrock's Shed. |
| Mon 8 th | 10.00 am. | Competitor Briefing. | Sturrock Shed. |
| | 11.00 am. | First warning signal for racing | On Water. |
| | 3.00 pm. | Last warning signal. | On Water. |
| | 3.45 pm. | Sausage Sizzle. | In front of Sturrock's Shed. |
| | 4.30pm. | Presentation. | Café |

Kings Cup Schedule. (If sailing cancelled Saturday.)

| Date | Time | Activity | Location |
|---------------------|-----------------|---|------------------------------------|
| Sat 6 th | 9.00 - 9.45 am. | Registration. *10am - Paul advises kitchen of need for early Pizza, soft drinks. | Regatta Office. NW of compound |
| | 10.00 am. | Coaches Briefing with Sailors. | Sturrock Shed. |
| | 10.30 am. | Talk with John Bertrand Americas Cup Winner, Olympic medallist. | Clubhouse upstairs (Olympic Room). |
| | 11.30 am. | Sailing Fitness. | Clubhouse upstairs. |
| | 1.00 pm. | Pizza Lunch. (Kitchen informed 10.00 am). | Clubhouse upstairs. |
| | 2.00 PM | Film "True Spirit" introduced by Jessica Watson and Q&A afterwards. | Clubhouse upstairs. |
| | 4:30 PM | End. | |
| Sun 7 th | 10.00 am. | RO Competitor Briefing. | Sturrock Shed. |
| | 11.00 am. | First warning signal for racing | On Water. |
| | 3.00 pm. | Last warning signal. | On Water. |
| | 4.00-4.45 pm | Sausage Sizzle. Debrief with John Bertrand; questions re racing. | In front of Sturrock's Shed. |
| Mon 8 th | 10.00 am. | Competitor Briefing. | Sturrock Shed. |
| | 11.00 am. | First warning signal for racing | On Water. |
| | 3.00 pm. | Last warning signal. | On Water. |
| | 4.00 pm | Sausage Sizzle served. | In front of Sturrock's Shed. |
| | 4.30pm | Presentation. | Café |

